

- ❖ R. I. President - Ray Klingensmith ❖ District Governor - Dr. Jayant Kulkarni ❖
◆ President - Vidya Kulkarni ◆ Secretary - K Suryakumar ◆ Bulletin Chairman - Shobha Karnik ◆



From The President's desk---

We have been releasing 'Mahim Waves', our club bulletin regularly for the past 9 months. Our Web Site is updated by adding various key projects executed till date.

Our bulletin activity received overwhelming response from the Rotary world, boosted our moral when we received a word of applause from DG, DG nominee, TRF Trustee, AGs, club Presidents. This also motivated us to participate in bulletin competition held for district 3140.

All our projects, club gathering were recorded along with the glimpses of visuals and were an excellent recap for the year 2010-2011.

The Bulletin gave publicity to all our vibrant activities, brought out hidden talents of our club members and helped us felicitate our family members for their academic, professional, social achievements and **last but not the least express GRATITUDE towards all donors who offered financial support to come these projects true .**

We will publish a SPECIAL Bulletin for the Global Warming Event, with many articles from the subject experts. It is under inception stage and will be released during the event.

These Bulletins maintained an excellent track of various activities of the club and also laid a road map for future Presidents to think bigger and bolder and take the club to the few steps ahead of what we have achieved till date.

I am confident that our club will aim for taller goals, climb higher, reach wider to fulfil the needs of our society.

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Club Programs and Activities for April



On Going Projects

At RCMM, we are supporting some of the projects through out the year and some of the projects get executed over 2-4 months. It is the right time to inform all about them.

We are continuing our regular disinfectants supply from **Pragati Kendra** a school for physically challenged children's and make it available to **Bal Asha** an Institute working for abundant and destitute children. This way, two needy organizations are supported.

Some of our club members are helping the blind students by providing recorded cassettes of their study material and by becoming writers during their examination time. Rtn. Uma Sahsrabuddhe, Vanaja Surryakumar (wife of Rtn. K Suryakumar and Madhur (son of Rtn. Sunita) are actively involved.

Mid Day Meal for Blind Students at Ramnarain Ruia College - Club is providing lunch coupons for 12 students from August to April.

We are happy to announce that our star project 'Smoke Free Village' is progressing very well and almost 40 families are benefited. List of the families are as follows:

Sr. No.	Farmer's Name	Village	Month / Year
1	Mr. Sudhi Suresh Sail	Pandur	December 2010
2	Mr. Kishor Rajaram Kerkar	Pandur	December 2010
3	Mr. Rajan Tukaram Jadhav	Pandur	December 2010
4	Mr. Santosh Tukaram Jadhav	Pandur	December 2010
5	Mr. Pradeep Madhukar Jadhav	Pandur	December 2010
6	Mr. Dhondi Tanaji Jadhav	Pandur	December 2010
7	Mr. Milind Laxman Jadhav	Pandur	December 2010
8	Mr. Digamber Shabhu Haldankar	Zarap	January 2011
9	Mr. Raghunath Saba Harmalkar	Zarap	January 2011
10	Mr. Anil Krishna Gode	Zarap	January 2011
11	Mr. Umesh Patkar	Zarap	January 2011

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Sr. No.	Farmer's Name	Village	Month / Year
12	Mr. Uttam Mestri	Zarap	January 2011
13	Mr. Janardan Pandurang Zarapkar	Zarap	January 2011
14	Mr. Surendra Desai	Devasu	February 2011
15	Smt. Rukmini Sawant	Devasu	February 2011
16	Mr. Vinayak Sawant	Devasu	February 2011
17	Mr. Dharmendra Sawant	Devasu	February 2011
18	Mr. Ramchandra Devuskar	Devasu	February 2011
19	Mr. Soma Sawant	Devasu	February 2011
20	Mr. Ramchandra Govind Sawant	Devasu	February 2011
21	Mr. Babu Payaba Sawant	Devasu	February 2011
22	Mr. Yashawant Mestri	Devasu	February 2011
23	Mr. Babu Ramchandra Sawant	Devasu	February 2011
24	Mr. Shivram Sawant	Devasu	February 2011
25	Mr. Rajan Samant	Devasu	February 2011
26	Mr. Prakash Sawant	Devasu	February 2011
27	Mr. Shivaji Sawant	Devasu	February 2011
28	Mr. Ashok Mestri	Devasu	February 2011
29	Mr. Mangesh Dhondi Parab	Devasu	February 2011
30	Mr. Ashok Laxman Sawant	Devasu	February 2011
31	Mr. Suresh Shantaram Naik	Parpoli	March 2011
32	Mr. Vasant Pandurang Gurav	Parpoli	March 2011
33	Mr. Jaggnath Laxman Gurav	Parpoli	March 2011
34	Mr. Vijay Bhiva Sawant	Parpoli	March 2011
35	Mr. Bhagwan Ganpat Gurav	Parpoli	March 2011
36	Smt. Bhagirathi Bhikaji Tejam	Danoli	March 2011
37	Mr. Krishna Gajanan Ghadi	Akeri	April 2011
38	Mr. Chandrakant Gunaji Ghadi	Akeri	April 2011
39	Mr. Shivram Anant Ghadi	Akeri	April 2011
40	Mr. Ravindra Ghadi	Akeri	April 2011





**Beauty of English Poetry by
Mrs. Lalita Paranjape
9th April**



Mrs. Lalitha Paranjpe gave a very engrossing and beautiful lecture on the “Beauty of English Poetry” to club members on 9th April 2011. She is a very talented person, well groomed and skilled in the field of Education, Literature and the Arts. She retired as the Head of the Department of English in Ramnarain Ruia College. She is also well versed in Marathi literature and translates poems and prose from Marathi to English and English to Marathi to appeal to the wide sections of Society. She has been on the Select Committee of British Council and conducts Communication Improvement classes at TISS, Taj Hotels, Kesri Tours, etc.

She introduced this topic to our Rotarians in a very simple and engaging manner and informed that poetry opens up our mind to savour freedom and beauty. Poetry is subjective and personal and speaks to the heart and mind of the person.

The poet is an extremely skilled communicator and expounds life’s universal truths in a condensed and precise form. Poetry with its word images and pictures excites our imagination and sensory organs to see, feel and hear the various facets of life.

Mrs. Lalitha Paranjpe read out a few select poems of literary giants and explained the hidden meaning and the means to interact with the spiritual and material world, engrained in these poems.

❖ **Poem 1: Ozymandias by Percy Bysshe Shelley**

She read out the poem beautifully and brought out the theme that nobody can outlive time and finally we will all go from dust to dust. The supreme ego manifested by the King Ozymandias is brought out to zero with the ravages of time. The poet has brought out all these ideas using various figures of speech like metaphors, simile and alliteration in the poem.

❖ **Poem 2: Sonnet 29 by William Shakespeare**

The Bard of Avon is one of the literary geniuses of mankind. This beautiful Sonnet consisting of 14 lines reveals a truth wherein we can transcend from our present (miserable state) to an elevated pleasurable state by changing our perspective towards life and stop comparing with others. Mrs. Lalitha Paranjpe explained this theme very well for the lay audience to quickly understand the essence. She mentioned that normally a Sonnet has three quartets and the last two lines (Couplet) is a hard hitting final pronouncement of a truth. Here, the poet is referring to his association with his friend (may a Spanish Lady) and when he thinks of her, he says the intangible wealth which comes to him is so much that he does not want to change his place to amass the material wealth of Kings.

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❖ **Poem 3: Stopping by Woods on a Snowy Evening by the American Poet, Robert Frost**

This poem incidentally was also one of the favourites of Pandit Jawaharlal Nehru. Here the poet creates a beautiful imagination of his journey through the woods, which are dark, lovely and deep. He stops in between to have a peaceful communion with nature. His horse signals to the poet that may be they have stopped at a wrong place. Common sense (horse sense) tries to prevail ? The poet is in communion with nature. May be the end is in sight (death). Mrs. Lalitha Paranjpe explained that the poem appears very downy (soft) and simple, but the simplicity is deceptive and the poem is laden with deep meaning. The last lines of the poem jolts the poet back to reality and pulls him towards his earthly and worldly responsibilities and ends with the statement "I have promises to keep and miles to go before I sleep".

Our Rotarians listened to the lecture with rapt attention and the Lecturer could instill the elements of creativity in the audience. Lectures like these enhance the bonding among our members, gave them a different perspective to the many activities in life and above all makes our meetings more interesting and this hopefully increases the attendance count average.

Mrs. Lalitha Paranjpe ended the lecture by stating that when Science ends, Art begins, Creativity is the End of all Life.



Mrs. Lalitha Paranjape - Introduction by Rtn. Uma



Members Engrossed in Poetry



Mrs. Lalitha Paranjape on English Poetry



Mrs. Paranjape on Sonnet 29 by William Shakespeare.



Token of Appreciation by PR. Vidya to Mrs. paranjape





District Assembly



District Assembly 2011 was held on 17th April at Nehru Centre. This was a grand event with a participation of around 1300 members. From our Club, we had 5 participants (Rotarians Vidya, Shobha, Suryakumar, Uma and Vinayak). The entire stage and the registration process was akin to boarding an aircraft. The check-in, flight take off, in-flight entertainment and landing was all conducted superbly. The registration and checking was done by using a swipe card and a boarding pass given to all the delegates. Breakfast, Lunch, Dinner and Snacks distribution was done by using the swipe card. Kingfisher was one of the main sponsors of the event and registration desk bore the look of an airline check-in counter.

The rotary theme for the year 2011-2012 was unveiled to the Clubs on this occasion. **The theme is "Reach Within to Embrace Humanity"**. The Rotary International President for the year 2011-12 is Rtn. Kalyan Banerjee who has brought forth the following main themes:

Family : Good families lead to good neighbourhoods, good neighbourhoods build good communities, and good communities make a good nation.

Build upon what we are doing well i.e. continuity for example, working for clean, safe water, spread literacy, eradicate polio. Expand, reinforce and take these activities to the next level.

Change : Start the change by being the change we wish to see in the world ourselves. Reach within to work with conviction to bring peace, reduce environmental degradation, child mortality, in the outside world.

Thus, reach within to move confidently towards the targets you have set for your self in the outside world.

We had a galaxy of speakers in the Plenary Session and the Special Training Sessions. The clarity, oratory skills and the passion with which the speakers delivered their lectures was remarkable.

- ❖ Rotary Leadership / Five Fingers of Service by Dr. Bharat Pandya
- ❖ Key to Success by PDG T.N. Subramaniam
- ❖ Working Together by DG. Dr. Jayant Kulkarni
- ❖ Stewardship by PDG. Gulam Vahanvatty

Our DG for the year 2011-12, **DGE Vijay Jalan** made an impressive speech on the District Thrust Areas and exhorted all the members to stretch out to serve and perform. He made a special emphasis on use of solar power and Assistance to Skin and Organ Banks.

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Training Sessions were conducted on Water Management, Ryla/Rypen, Enhancing Rotary Public Image, Polio Eradication (final push), FCRA, etc. These sessions were not monologues but very participative and interactive.

Other noteworthy points of the District Assembly were:

- ❖ Release of the District Directory
- ❖ Revision in the way DAUD will be conducted. Speakers will come to the Club and deliver lectures on topics suggested by the Club.
- ❖ Chief Guest of the function was Swami Bupendra Pandya, who gave a very motivational speech "LEAD to SERVE" urging people to action and service.
- ❖ District officials connected with our Club for the year 2011-12 are :
 - District Secretary, Mr. Raman Abrol
 - **Asst. Governor, Mr. Sunil Thakkar**
 - Asst. Trainer, Mr. Sriram Athri
 - Group Co-coordinator, Ms. Vaishali Vadgaonkar
 - **OCV : 10th December 2011**
- ❖ DG Elect Vijay Jalan has urged all the Rotarians to contribute to Rotary the three Ts which they have with themselves i.e. "Time, Talent and Thinking".

Overall, the District Assembly was a good occasion to meet other fellow Rotarians ,coming in close contact with District officials, have interaction with our incoming AG, Secretary and finally to understand the themes and aims for the year 2011-12.



Find Bliss just by throwing away four stones

Year 2011-12 Rotary Theme is 'Reach with in to Embrace Humanity'. Very appropriately Guru Bhupendra Pandya was invited for District Assembly to enlighten the audience on how to reach with in.

Guru Bhupendra Pandya explained very passionately, the burden of four stones which all of us carry, take away our happiness:

- First stone - Laziness
- Second stone - Bad habits
- Third stone - Ego and
- Fourth stone - Jealousy

If we practice and achieve - throwing away all these hurdles from one's life, will get innermost spiritually contented feeling!!



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Gudi Padwa – Beginning of New Year

[Information extracted from internet]



The first Holy festival which marks the beginning of the New Year, new month and new day for the Hindus falls on Chaitra Shukla Pratipada. **It is known as Gudhi Padwa (in Maharashtra), Ugadi (in Karnataka, Andhra Pradesh).** On this very day Lord Brahma created the Universe. Therefore for Hindus, this day carries special importance. The day is celebrated with an auspicious bath, followed by decorating the doorway with a 'toran', performing ritualistic worship and hoisting the Gudi.

Significance of Gudi Padwa

There are several ways of commencing a New Year. According to the Christian calendar, 1st January marks the beginning of the year. The financial year begins from 1st April, the Hindu New Year from the first day (*Pratipada*) of the month of Chaitra from the Hindu lunar calendar, the commercial year from the first day of the Hindu lunar month of 'Kartik', the solar (*soura*) year, the lunar (*chandra*) year, the luni-solar year and so on. In all these, the year comprises of twelve months. Who first proclaimed that a year should consist of twelve months and how did the world come to accept it? The foremost exponent of this concept is undoubtedly the Vedas, the most ancient literary texts. The Vedas say, 'A year consists of twelve months'. It is because they say so that the world has accepted it. Out of all these days of beginning a year the most ideal one is the first day of the month of Chaitra according to the Hindu lunar calendar. There is no explanation as to why the 1st of January is the beginning of the New Year. Someone conceived that it should be so and thus it began. Contrary to this, there are natural, historical and spiritual reasons to mark the commencement of the year on the first day of the month of Chaitra.

Natural Reasons

Towards the first day of the month of Chaitra (*Pawva*), the sun assumes a position above the Vasant intersection (the point of intersection of the equator and the meridians) and the spring season commences. In Shrimadbhagvadgita (10.35), The Lord says, 'Among the seasons, the exhilarating Vasant season (spring) is my manifestation'. In this season, the weather is pleasant and exhilarating. In the Shishir season (autumn) the trees shed their leaves. Towards Padwa, trees bear new foliage and appear fresh.

Historical Reasons

Rama slayed Vali on this day. Lord Ramachandra returned to Ayodhya after slaying the evil demons and Ravan on this very day. The Shakas too defeated the Huns on this day. This day also commemorates the commencement of the Shalivahan calendar after Shalivahan vanquished his enemies.

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Spiritual Reasons

A. Creation of the universe:

Since on this day Lord Brahma created the universe and the Satyayug began, it marks the commencement of the New Year.

B. One among the three and a half auspicious days ('Muhurts'):

Gudhipadwa, Akshay trutiya and Dasra (Vijayadashmi) each make up one, and the first day of the Hindu lunar month of Kartik comprises half of the total three and a half auspicious days. The special feature of these three and a half auspicious days is that unlike other days when one has to choose an auspicious moment to perform a ritual, in contrast, on these auspicious days one does not need to, as every moment of these days is auspicious.

C. The higher incidence of prajapati sanyukta (conjoint) frequencies on the earth:

The tantra text Ganeshyamal states that in all 108 frequencies, one each from the four parts (*charans*) of the twenty-seven lunar asterisms from the region of lunar asterisms (*nakshtralok / karmadevlok*) $27 \times 4 = 108$ reach the earth. They disintegrate further into four types of frequencies - *yama, surya, prajapati* and *sanyukta* (conjoint).

On this day, the Tej and Prajapati frequencies are effective in large measures. During sunrise on this day, the Chaitanya (Divine Consciousness) emitted from these frequencies can be retained for a longer period. It is accumulated in the cells of the embodied soul and is used by the embodied soul as and when required. Therefore within 5-10 minutes of sunrise one should perform ritualistic worship of the Gudi.

Science in the Worship of Gudi

The Divine consciousness emanating during sunrise, absorbed at that time lasts longer. Thus the Gudi should be worshipped within 5-10 minutes after sunrise!

On Gudi Padwa, the waves consisting of the fire principle (Tej tatva) and the creative Prajapati waves are activated on a large scale. The Divine consciousness emanating during sunrise, absorbed at that time lasts longer. This consciousness is stored in the body cells and is used as required. Hence the Gudi should be worshipped within 5-10 minutes after sunrise.

Method of Raising the Gudi

Position of the Gudi: Care should be taken to raise the Gudi next to the main entrance of the house. The spot selected should be on the right side of the entrance (when facing outwards from the entrance of the home). The right side symbolizes the active state of the soul.

1. The area selected for raising the Gudi should be cleaned and then a Swastik rangoli should be drawn on the ground. Turmeric and vermilion (Haldi-kumkum) should be offered at the centre of the Swastik.

2. While raising the Gudi, the 'Shiva-Shakti' principle in the Universe should be invoked. This enables all the constituents of the Gudi to accept divine principles.

3. The Gudi symbolizes the 'Sushumna nadi' of our body. Hence, the Gudi should be raised at the entrance. And it should be kept tilted at an angle.

Prayer: 'O Lord Brahma, Lord Vishnu! Please enable me to absorb the Principle of Creation and the Fire Principle present in the atmosphere. Let the Divine consciousness present in these principles be preserved constantly. Let the energy thus received, be used for my spiritual practice.'



Celebrations



Wishing a very Happy Birthday

Ms. Anuja, daughter of Rtn. Pratibha Malvi	17 th April
Mr. Amar, son of Rtn. Chandrika Solanki	27 th April
Mr. Madhur, son of Rtn. Sunita Padwal	28 th April

Visit our Web Site at <http://www.rotarymahim.com/>

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